

The Society for Medieval Arts and Combat

Instructions for a Simple Tunic

1. The first step is to record all of the measurements you will need when laying out your tunic. Get a tape measure and record the following values in inches.

- Around the widest area of your torso/hips; gut, chest, waist, hips, whatever has the largest dimension (W).
- Around your neck (N)
- The length from the top of your shoulder, over the front of your body, to your knee (L).
- The length from the top of your shoulder, over the side of your arm, to your elbow (A).

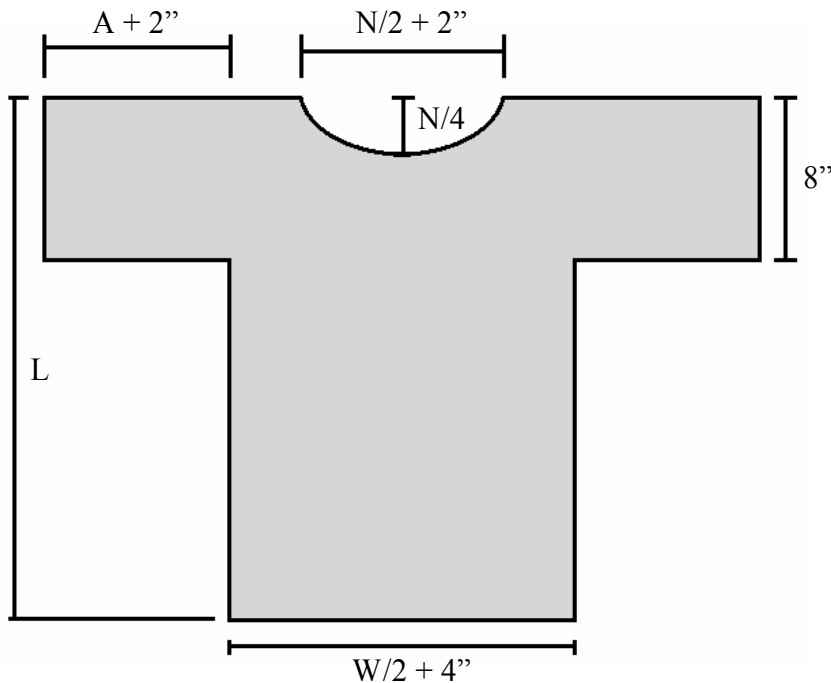
Width (W) = _____

Neck (N) = _____

Length (L) = _____

Arm (A) = _____

2. Calculate the pattern you will be using with the following diagram:



3. Lay out a piece of cloth in your chosen color, wide enough to accommodate your pattern and twice as long. Fold the cloth in half and put the fold at the top

4. Trace out your pattern on the cloth, orienting the top of the pattern to the side of the cloth with the fold in it such that the top edge of the pattern is the fold.

5. Pin the top and bottom pieces of cloth together, just around the inside edges of the pattern. Two to three pins per side is sufficient.

6. Cut out the pattern from both pieces of cloth, leaving the pins in place. It is now ready to be sewn by one of our sewing machine operators.